

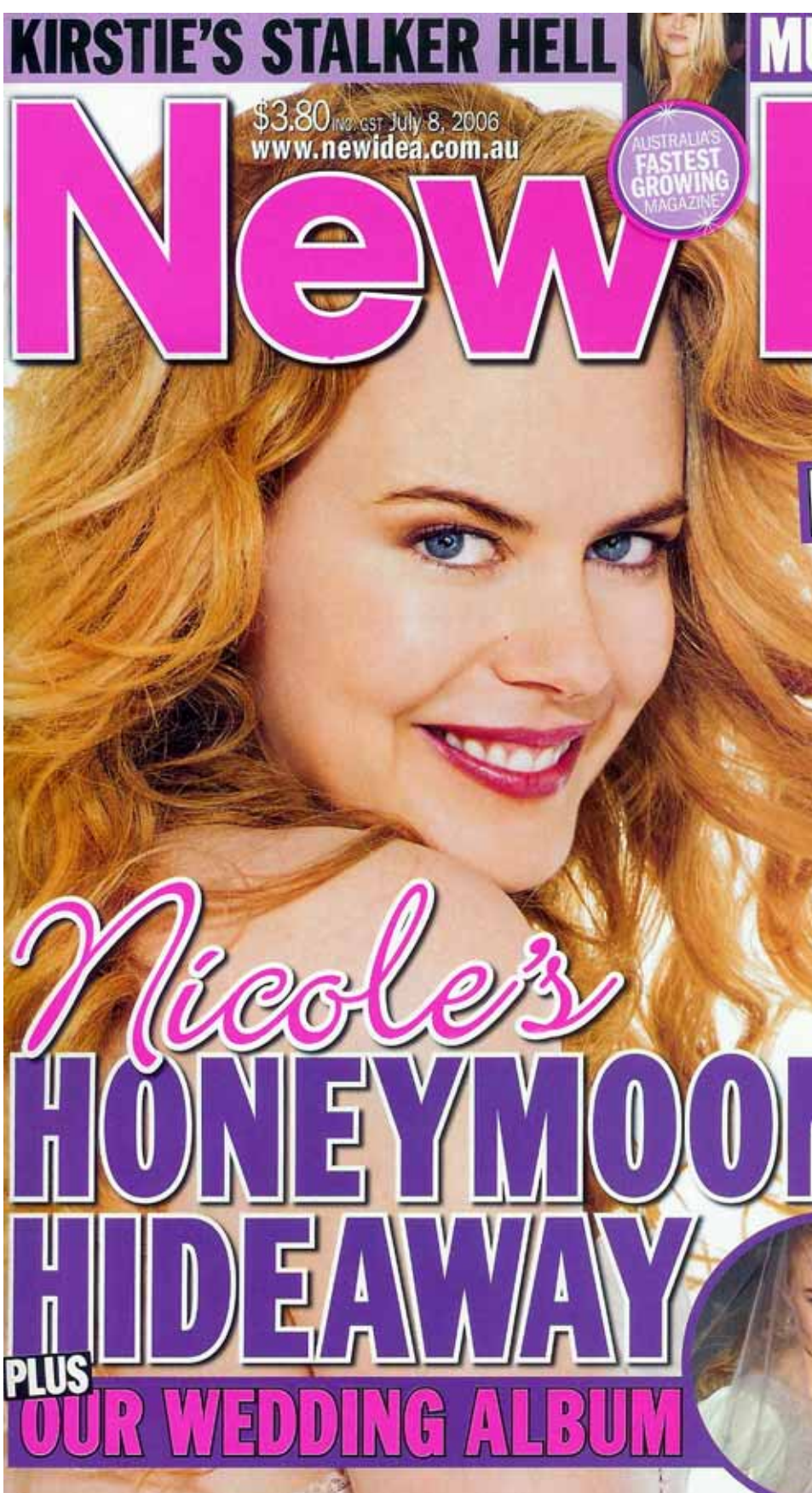
KIRSTIE'S STALKER HELL

MUM'S DYING WISH

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With Style Editor
Pip Cook



Sweet scents

● Isabella Rossellini's intensely feminine **Isabella eau de parfum, 75ml, \$69**, has exotic top notes of dewberry and kumquat. One spritz and you'll feel and smell every bit the seductive woman you are.



SAFE SLEEPING

● These cute **Cosy Bear PJs** from Snugglum were designed for Red Nose Day. The all-in-one footed sleeper and two-piece set are \$34.95 – all proceeds go to SIDS and Kids Victoria. Visit www.snugglum.com.au, or call 1300 657 131.

snuggle

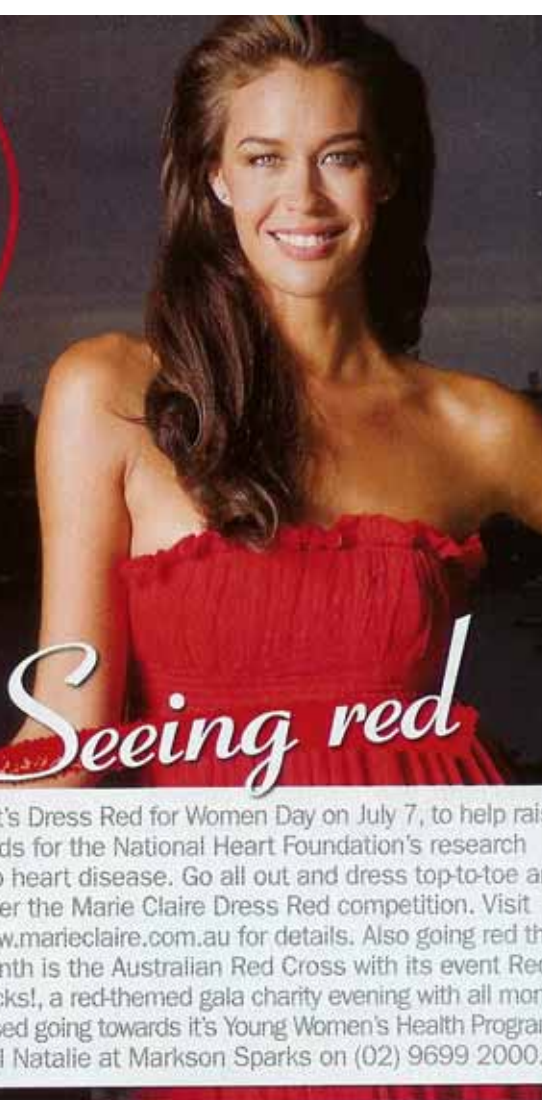


this side up



Seeing red

● It's Dress Red for Women Day on July 7, to help raise funds for the National Heart Foundation's research into heart disease. Go all out and dress top-to-toe and enter the Marie Claire Dress Red competition. Visit www.marieclaire.com.au for details. Also going red this month is the Australian Red Cross with its event Red Rocks!, a red-themed gala charity evening with all money raised going towards its Young Women's Health Program. Call Natalie at Markson Sparks on (02) 9699 2000.



Mum & bub

● To tighten skin after pregnancy, we love **Palmer's Cocoa Butter Formula Post-Natal Firming Lotion, \$14.95**. It helps firm skin in as little as six weeks. Then try baby massage, just like Sarah Jessica Parker did for her son James. It's said to help relaxation. Use **Palmer's Cocoa Butter Formula Baby Butter Massage Lotion, \$11.95** – it smells great!



Extra support

Q What type of bra should I wear during pregnancy and then when I'm breastfeeding?

A Your bra size changes significantly during pregnancy and breastfeeding. You need a bra with lots of support. Avoid underwire bras that don't flex – they can add pressure leading to blocked milk ducts. When you're four months pregnant, get professionally fitted. Look for a bra with wider shoulder straps. We like the Lovable maternity bra, \$39.95, in pink, jade, nautical, and black and white.